

Safflower

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Botanical Name	Carthamus tinctorius
Part Used	Seeds
Extraction	Pressed
Color	Pale yellow
Viscosity	Similar to sweet almond
Taste	Slightly nutty
Aroma	Faint
Constituents	High in linoleic acid and is polyunsaturated
Dermal Absorption	Oily, leaves a slight greasy film
Uses	Externally, safflower oil can be used as a substitute for peanut oil. It is an effective application for painful arthritic joints, bruises, and sprains
Storage	Thickens and becomes rancid with prolonged exposure to air.

Information compiled from:

[Student Handbook Australasian College USA (Version dated 12/7/99)]

Disclaimer Notice: This information is provided for educational purposes only. No claim is made to the accuracy of these statements nor is the information to be considered all inclusive of the properties of the respective essential oils. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.