

Peach Kernel

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Botanical Name	Prunus persica
Part Used	Kernel
Extraction	Cold pressed
Color	Clear, colorless, or pale straw color
Viscosity	Moderately viscous and heavier than sweet almond oil.
Taste	Bland
Aroma	Odorless
Constituents	Glycerides of: linoleic acid, myristic acid, oleic acid, palmitic acid, stearic acid.
Dermal Absorption	Slow
Uses	May be used for similar purposes as sweet almond oil. It is taken internally for its vitamin and mineral content, particularly Vitamins A and C. Apricot oil is a moisturizing tonic for the skin of the face and hands, and it can be massaged into the hair. It is a nourishing addition to all creams and body oils.
Storage	Store in a well-filled, airtight container at a cool temperature, protected from light.

Information compiled from:

[Julia Lawless, The Illustrated Encyclopedia of Essential Oils (Boston, MA: Element Books, 1999)]

[Robert Tisserand, Essential Oil Safety (United Kingdom: Churchill Livingstone, 1999)]

[David G. Williams, The Chemistry of Essential Oils (United Kingdom: Micelle Press, 1997)]

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